

# Finally White

## TEETH WHITENING

### Procedure

#### for botanical whitener

To begin, you will need:

- Your whitening syringe
- Pair of gloves
- Facemask
- 2 (paper) cups – or a sink
- Goggles for patient
- Your service Kit

#### Service Kit Contents Include:

- 1 - Cheek Retractor
- 1 - Patient Bib
- 1 - Vitamin E Swab
- 1 - Brush Up
- 1 – Dappen Dish
- 1 - Microbrush

### Procedure:

1. Sit client in chair and have them fill out the waiver form, this is a perfect time to get your set up ready and ask the client if they have any questions. Most common questions are: regarding risk of sensitivity, if they have caps/artificial teeth they will ask about those results, how long it takes and how long results last. Please refer to your training manual as you should be able to answer all these questions confidently!
2. Once ready, fasten your clients bib and ensure your client is slightly reclined, ask client if they would like to apply lip moisturizer (optional). Before inserting the cheek retractor, tell the client how it is going to fit in their mouth and that they can still swallow, talk, cough, breath... this will make them feel much better about the retractor sitting in their mouth. Insert the cheek retractor, break open Vitamin E swab at the red line and apply to gums (and lips if required/client has not moisturized). **see product guide video if you need a refresher on how to insert retractor, practice makes perfect**
3. Dispense 1ml of the whitening gel into your dappen dish. Apply a thick layer of gel to the front side of each tooth going back to the first molars. Make sure very little or none gets on the gums and remind the client to try to not lick the backs of their front teeth and push saliva forward. If the client does lick the gel off, it is not a big deal, it will not harm their tongue or stomach if they swallow it. Also, tell the client that they will hear and feel the gel bubbling on their teeth, and that this is normal. But, they shouldn't feel any pain or burning, and to alert you if they do.

4. Have your client put protective glasses on. Select the **BR** option on the LED Light at 100% output, if applicable. Tell the client that you are going to get the light very close to their teeth, but will not hit them with it. The closer you can get the better. Arrange the light head no further than 1-2 inches away from teeth. Set timer for 20 minutes on light.
5. Let your client know you will check on them every few minutes during their first round to make sure they are comfortable.
6. After 20 minutes, the light will automatically turn off. Move the light away and instruct your client not to lean forward as they may have collected drool in their mouth and this could spill forward. Have them remain sitting, slightly reclined while you take out the cheek retractor. Have client rinse with warm water and spit out. You can either have them get up and walk to the nearest sink, or provide them with a cup of warm water to rinse with and then spit back into the cup.
7. The second round is the same, re-insert cheek retractor, re-apply gel, and set timer for the same amount of time, repeating step 4 . Your dispensed gel/dappen dish should last you all three rounds, if you don't have enough gel to get to the third session, you are using too much gel.
8. Repeat # 6.
9. The third round is the same. Additionally you can open the finger brush up (blue, finger brush) and have ready. Get your maintenance products to upsell to your client for after care. Repeat #4 for your third and final round.
10. Once the client is finished their 3rd session, have them rinse with water like regular and use the blue side of the finger brush to brush the rest of the sticky gel off their teeth. They simply slide their finger in the pocket of the finger brush and use the blue side to scrub their teeth.
11. Hand them the mirror and admire the results!
12. If your client is finished, proceed to explain to them how they must not eat or drink for at least 1 hour as their teeth are still whitening and the product is still actively removing stains. This is a great time to go over after-care products.
13. Wipe down your machine with a professional high grade cleaning wipe to sanitize between clients.